

# How your family can help you find your ideal job

Whether you need a shoulder to cry on, or a helping hand, your family is always there for you. When it comes to changing careers, your family and friends are a great source of information, advice and motivation. In fact, they probably figured out you need a career change before you did.

Here are four reasons why talking to your family can help your career:

1. **They know you.** After all these years your family and friends know you better than anyone. So, use them as a sounding board to talk about your ideas. They'll have a good understanding of what you're passionate about and help you identify options.
2. **They'll listen.** It's hard to deny that your family and friends won't be there for you at the drop of a hat. They'll share in your frustrations, and your joy, so don't be afraid to tell them all about the plans or thoughts that have been floating around your head. Their support will help you take that first step towards a new career.
3. **They're a resource.** Your closest network are your family and friends and they're more connected than you realise. Get them to reach out to their network for you. Who knows, it could lead to an introduction that could set you on your new career path, or at the very least a conversation with someone that has done it all before.
4. **They'll keep you motivated.** Your family and friends will be there to talk out any fears you may have about money, time, or stability. They're also your biggest fans and will keep you motivated through the highs and lows.